

Use this handy dining guide to claim your Gold Prokard dining discounts at participating Protea Hotels – wherever you see the ticks [✓] you can present your Gold Prokard to claim your discount on the food portion of your bill!

Gold Prokard accepted for:      **B** Breakfast   **L** Lunch   **D** Dinner

## NORTHERN CAPE

PROTEA HOTEL KIMBERLEY  
Kimberley

PROTEA HOTEL OASIS  
Upington

PROTEA HOTEL UPINGTON  
Upington

## RESTAURANT

**B L D**

## CONTACT

✓ ✓ ✓

T: +27 (0) 53 802 8200/1/2  
E: info@phkimberley.com

✓

T: +27 (0) 54 337 8500  
E: gm@uphotels.co.za

T: +27 (0) 54 337 8400  
E: gm@uphotels.co.za

## WESTERN CAPE

AFRICAN PRIDE 15 ON ORANGE HOTEL  
Cape Town

AFRICAN PRIDE CRYSTAL TOWERS HOTEL & SPA  
Century City, Cape Town

ARABELLA HOTEL AND SPA  
OPERATED BY AFRICAN PRIDE HOTELS  
Kleinmond, Hermanus

PROTEA HOTEL BREAKWATER LODGE WATERFRONT  
V&A Waterfront, Cape Town

PROTEA HOTEL CAPE CASTLE WATERFRONT  
Green Point, Cape Town

PROTEA HOTEL CUMBERLAND  
Worcester

PROTEA HOTEL DURBANVILLE  
Tygervalley, Cape Town

PROTEA HOTEL DORPSHUIS & SPA  
Stellenbosch

PROTEA HOTEL FIRE & ICE! CAPE TOWN  
CBD, Cape Town

PROTEA HOTEL FRANSCHHOEK  
Franschhoek

PROTEA HOTEL KING GEORGE  
George, Garden Route

PROTEA HOTEL KNYSNA QUAYS  
Knysna, Garden Route

PROTEA HOTEL MOSSEL BAY  
Mossel Bay

PROTEA HOTEL MOWBRAY  
Mowbray, Cape Town

PROTEA HOTEL NORTH WHARF WATERFRONT  
Foreshore, Cape Town

PROTEA HOTEL OUTENIQUA  
George, Garden Route

## RESTAURANT

**B L D**

## CONTACT

Savour

✓ ✓ ✓

T: +27 (0) 21 469 8000  
E: info@15onorangehotel.com

Towers Restaurant

✓ ✓ ✓

T: +27 (0) 21 525 3888  
E: info@crystaltowershotel.com

Jamani

✓ ✓ ✓

T: +27 (0) 28 284 0000  
E: reservations@arabellahotelandspa.com

Time Out Café

✓ ✓

T: +27 (0) 21 406 1911  
E: reserve@bwl.co.za

Stonebreakers

✓ ✓ ✓

T: +27 (0) 21 439 1016  
E: reservations@castles.co.za

The Gallery

✓ ✓ ✓

T: +27 (0) 23 347 2641  
E: reservations@cumberland.co.za

✓ ✓ ✓

T: +27 (0) 21 913 9256  
E: gm@phdurbanville.com

The Oak Leaf

✓ ✓ ✓

T: +27 (0) 21 883 9881  
E: info@dorpshuis.co.za

Fire & Ice! Restaurant

✓ ✓ ✓

T: +27 (0) 21 488 2555  
E: gm@fireandicehotel.com

Café du Passé

✓ ✓ ✓

T: +27 (0) 21 876 3012  
E: info@phfranschhoek.co.za

Fairway Terrace

✓ ✓ ✓

T: +27 (0) 44 874 7659  
E: manager@phkinggeorge.co.za

In house Restaurant

✓

T: +27 (0) 44 382 5005  
E: knysnagm@mweb.co.za

The DryDock Food Co.

✓ ✓

T: +27 (0) 44 382 7310

Café Gannet  
(In house GUESTS only)

✓ ✓ ✓

T: +27 (0) 44 691 3738  
E: book@oldposttree.co.za

✓

T: +27 (0) 21 442 5300  
E: eservations1@phmowbray.co.za

✓ ✓ ✓

T: +27 (0) 21 443 4600  
E: gm@phnorthwharf.co.za

✓

T: +27 (0) 44 874 4488  
reservations@proteageorge.co.za

## WESTERN CAPE

PROTEA HOTEL RIEMPIE ESTATE  
Oudtshoorn, Garden Route

PROTEA HOTEL SALDANHA BAY  
Saldanha Bay, West Coast

PROTEA HOTEL SEA POINT  
Sea Point, Cape Town

PROTEA HOTEL STELLENBOSCH  
Stellenbosch

PROTEA HOTEL TYGER VALLEY  
Platteklouf, Cape Town

PROTEA HOTEL VICTORIA JUNCTION WATERFRONT  
Green Point, Cape Town

## EASTERN CAPE

PROTEA HOTEL MARINE  
Port Elizabeth

## KWAZULU-NATAL

AFRICAN PRIDE AUDACIA MANOR  
Morningside, Durban

PROTEA HOTEL EDWARD DURBAN  
Durban

PROTEA HOTEL EMPANGENI  
Empangeni

PROTEA HOTEL HILTON  
Hilton

PROTEA HOTEL HLUHLUWE & SAFARIS  
Hluhluwe

PROTEA HOTEL IMPERIAL  
Pietermaritzburg

PROTEA HOTEL KARRIDENE BEACH  
Illovo Beach

PROTEA HOTEL RICHARDS BAY  
Meerensee, Richards Bay

PROTEA HOTEL UMFOLOZI RIVER  
Mtubatuba

PROTEA HOTEL UMHLANGA RIDGE  
uMhlanga Ridge, Durban

PROTEA HOTEL UMHLANGA  
uMhlanga, Durban

THE BAYSHORE INN  
Meerensee, Richards Bay

PROTEA HOTEL WATERFRONT RICHARDS BAY  
Tuzi Gazi Waterfront, Richards Bay

## RESTAURANT

The Mussel Cracker

La Café

Cultivar  
Die Wingerd Restaurant

Point of View

Connexion

## RESTAURANT

La Mer (Lunch - Sunday only)

## RESTAURANT

Eleven

The Brasserie

De Hof Cellar

Nkonkoni

Garden Room Restaurant

Oakwoods

Oasis Restaurant

Umfolozzi River Restaurant

The Lighthouse

The Ship to Shore  
(Lunch on Sundays only)

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## CONTACT

T: +27 (0) 44 272 6161  
E: phreres@mweb.co.za

T: +27 (0) 22 714 1264/5  
E: sbph@mweb.co.za

T: +27 (0) 21 434 3344  
E: seapoint@proteahotels.com

T: +27 (0) 21 880 9500  
E: info@phstellenbosch.com

T: +27 (0) 21 913 2000  
E: res@ptygervalley.co.za

T: +27 (0) 21 418 1234  
E: reservations@victoriajunction.com

## CONTACT

T: +27 (0) 41 583 2101  
E: marine@marineprotea.co.za

## CONTACT

T: +27 (0) 31 303 9520  
E: info@audaciahotel.com

T: +27 (0) 31 337 3681  
E: reservations@proteaedward.co.za

T: +27 (0) 35 772 3322  
E: reservations@proteaemp.net

T: +27 (0) 33 343 3311  
E: reservations@proteahilton.co.za

T: +27 (0) 35 562 4000  
E: info@hluhluwehotel.co.za

T: +27 (0) 33 342 6551  
E: reservations@imperialhotel.co.za

T: +27 (0) 31 916 7228

T: +27 (0) 35 753 1350  
E: info@proteahotelrichardsbay.co.za

T: +27 (0) 35 551 0322  
E: res@proteaumfolozi.net

T: +27 (0) 31 582 6000  
E: pa@phumhlangaridge.co.za

T: +27 (0) 31 561 4413  
E: reservations@proteaumhlanga.co.za

T: +27 (0) 35 753 1246  
E: gm@bayshoreinn.co.za

T: +27 (0) 35 788 0448  
E: res@phwrn.net

## FREE STATE

	RESTAURANT	B L D	CONTACT
PROTEA HOTEL BLOEMFONTEIN Bloemfontein	Amoretta	✓ ✓ ✓	T: +27 (0) 51 444 4321 E: reservations@phbloemfontein.co.za
PROTEA HOTEL BLOEMFONTEIN CENTRAL Bloemfontein	Court Room	✓ ✓ ✓	T: +27 (0) 51 403 8000 E: bloemf@iafrica.com
PROTEA HOTEL CLARENS Clarens	Adamo	✓ ✓ ✓	T: +27 (0) 58 256 1212 E: stay@phclarens.co.za
PROTEA HOTEL MONTROSE Harrismith			T: +27 (0) 58 672 1011 E: info@phmontrose.co.za
PROTEA HOTEL WILLOW LAKE BLOEMFONTEIN Bloemfontein	101	✓ ✓ ✓	T: +27 (0) 51 412 5400 E: reservations@phwillowlake.co.za

## NORTH WEST

	RESTAURANT	B L D	CONTACT
PROTEA HOTEL KLERKSDORP Klerksdorp	Protea Diner		T: +27 (0) 18 464 2180 E: pprotea@iafrica.com
PROTEA HOTEL MAFIKENG Mahikeng	Mafika Restaurant	✓ ✓ ✓	T: +27 (0) 18 381 0400 E: res1@phmafikeng.co.za
PROTEA HOTEL HUNTERS REST Rustenburg	Applicable buffet (Excluding Sunday)	✓ ✓ ✓	T: +27 (0) 14 537 8300 E: reservations@huntersresthotel.co.za

## MPUMALANGA

	RESTAURANT	B L D	CONTACT
PROTEA HOTEL HAZYVIEW Hazyview	Letaba Restaurant	✓ ✓ ✓	T: +27 (0) 13 737 9700 E: info@thehazeviewhotel.co.za
PROTEA HOTEL HIGHVELD Enahlaheni (Witbank)	The Coalhouse Restaurant (Lunch - Sunday only)	✓ ✓ ✓	T: +27 (0) 13 656 2721 E: gm@proteahighveld.co.za
PROTEA HOTEL KRUGER GATE Skukuza, Kruger National Park	Lapa Kudyela	✓ ✓ ✓	T: +27 (0) 13 735 5671 E: gm@phkrugergate.co.za
PROTEA HOTEL NELSPRUIT Mbombela (Nelspruit)	The Fig Tree Restaurant	✓ ✓ ✓	T: +27 (0) 13 752 3948 E: info@phnelspruit.co.za
PROTEA HOTEL THE WINKLER White River	Wakuja	✓ ✓ ✓	T: +27 (0) 13 750 7300 E: reservations@winkler.co.za
PROTEA HOTEL WITBANK Enahlaheni (Witbank)	llanga (Lunch - Excluding Sunday)	✓ ✓ ✓	T: +27 (0) 13 656 6424 E: reservations@proteawitbank.co.za
PROTEA HOTEL MALAGA Sycamore, Waterval Boven	Esmeralda's	✓ ✓ ✓	T: +27 (0) 13 257 5300 E: reservations@malagahotel.co.za

## GAUTENG

	RESTAURANT	B L D	CONTACT
AFRICAN PRIDE IRENE COUNTRY LODGE Irene	Meadow Green	✓ ✓ ✓	T: +27 (0) 12 667 6464 E: lodge@irenecountrylodge.co.za
AFRICAN PRIDE MOUNT GRACE COUNTRY HOUSE & SPA +27 (0) 14 577 5600 Magaliesburg, Johannesburg	The Spa Caefe Twist	✓ ✓ ✓	The Rambling Vine T: E: reservations@mountgrace.co.za
AFRICAN PRIDE MELROSE ARCH HOTEL Melrose Arch, Johannesburg	March	✓ ✓ ✓	T: +27 (0) 11 214 6666 E: info@melrosearchhotel.com
PROTEA HOTEL BALALAIIKA SANDTON Sandton, Johannesburg	The Colony	✓	T: +27 (0) 11 322 5000 E: balalaika@mweb.co.za
	The Bull Run	✓ ✓	T: +27 (0) 11 884 1400
PROTEA HOTEL CAPITAL Pretoria	Lairds	✓	T: +27 (0) 12 322 7795 E: gm@capitalprotea.co.za

PROTEA HOTEL CENTURION Centurion, Pretoria	Emanzini	✓ ✓ ✓	T: +27 (0) 12 663 8700 E: info@proteawaterfront.co.za
PROTEA HOTEL FIRE & ICE! MELROSE ARCH Melrose Arch, Johannesburg		✓ ✓ ✓	T: +27 (0) 11 218 4000 E: info@fireandice ma.com
PROTEA HOTEL FIRE & ICE! MENLYN Menlyn, Pretoria		✓ ✓ ✓	T: +27 (0) 12 471 8600 E: fireandicemenlyn@proteahotels.com
PROTEA HOTEL HATFIELD Hatfield, Pretoria		✓ ✓	T: +27 (0) 12 364 0300 E: reservations@phhatfield.co.za
PROTEA HOTEL MANOR Hatfield, Pretoria		✓ ✓ ✓	T: +27 (0) 12 362 7077 E: reservations@hatfield.co.za
PROTEA HOTEL MIDRAND Midrand	Palm Terrace	✓ ✓ ✓	T: +27 (0) 11 318 1868 E: info@proteamidrand.co.za
PROTEA HOTEL O.R. TAMBO AIRPORT O.R. Tambo International	Warehouse	✓ ✓ ✓	T: +27 (0) 11 977 2600 E: gm@phortambo.com
	Orchards	✓ ✓ ✓	
PROTEA HOTEL PARKTONIAN ALL SUITE Braamfontein, Johannesburg		✓ ✓ ✓	T: +27 (0) 11 403 5740 E: accom@parktonian.co.za
PROTEA HOTEL ROODEPOORT Roodepoort, Johannesburg		✓ ✓ ✓	T: +27 (0) 11 246 1103 E: marketing@phroodepoort.co.za
PROTEA HOTEL SAMRAND Midrand		✓	T: +27 (0) 12 657 0110 E: gm@phsamrand.co.za
PROTEA HOTEL TRANSIT O.R. TAMBO AIRPORT O.R. Tambo International			T: +27 (0) 11 390 1160 E: room@proteahotelstransit.co.za
PROTEA HOTEL WANDERERS Illovo, Johannesburg	The Big Apple	✓ ✓ ✓	T: +27 (0) 11 770 5500 E: apple@phwanderers.co.za
<b>LIMPOPO</b>	<b>RESTAURANT</b>	<b>B L D</b>	<b>CONTACT</b>
PROTEA HOTEL LANDMARK Polokwane			T: +27 (0) 15 225 8100 E: res@phlandmark.co.za
PROTEA HOTEL RANCH RESORT Polokwane	Basil's	✓ ✓	T: +27 (0) 15 290 5000 E: gm@theranch.co.za
PROTEA ZEBULA LODGE Bela Bela		✓ ✓ ✓	T: +27 (0) 14 734 7700 E: reservations@zebula.co.za

## INTERNATIONAL PROTEA HOTELS

<b>NAMIBIA</b>	<b>RESTAURANT</b>	<b>B L D</b>	<b>CONTACT</b>
PROTEA HOTEL BURNING SHORE Swakopmund			T: +264 (0) 64 207 568 E: gm@burningshore.na
PROTEA HOTEL FÜRSTENHOF Windhoek	The Office Bar & Restaurant	✓ ✓ ✓	T: +264 (0) 61 237 380 E: furstenhof@proteahotels.com.na
PROTEA HOTEL LONG BEACH Walvis Bay			T: +264 (0) 64 218 820 E: longbeachlodge@iway.na
PROTEA HOTEL ONDANGWA Ondangwa		✓ ✓ ✓	T: +264 (0) 65 241 900 E: gm.ondangwa@proteahotels.com.na
PROTEA HOTEL PELICAN BAY Walvis Bay	Aquarius Restaurant	✓ ✓ ✓	T: +264 (0) 64 214 000 E: gm.pelicanbay@proteahotels.com.na
PROTEA HOTEL SEA VIEW ZUM SPERRGEBIET Lüderitz	Zum - Seafood	✓ ✓ ✓	T: +264 (0) 63 203 411/2 E: gm.spergebiet@proteahotels.com.na
PROTEA HOTEL THURINGERHOF Windhoek		✓ ✓ ✓	T: +264 (0) 61 226 031 E: gm.thuringerhof@proteahotels.com.na

PROTEA HOTEL WALVIS BAY  
Walvis Bay

Oasis ✓ ✓ ✓

T: +264 (0) 64 213 700  
E: info.walvisbay@proteahotels.com.na

PROTEA HOTEL ZAMBEZI RIVER  
Katima Mulilo

Tafule Yaka ✓ ✓ ✓

T: +264 (0) 66 251 500  
E: gm.zambezi@proteahotels.com.na

## MALAWI

## RESTAURANT B L D

## CONTACT

PROTEA HOTEL RYALLS  
Blantyre

✓ ✓ ✓

T: +265 (0) 1 820 955  
E: ryalls@proteamalawi.com

## TANZANIA

## RESTAURANT B L D

## CONTACT

PROTEA HOTEL AISHI MACHAME  
Kilimanjaro

Weru Weru ✓ ✓ ✓

T: +255 (0) 272 756 941  
E: proteaishigm@satconet.net

PROTEA HOTEL AMANI BEACH  
Dar es Salaam

T: +255 (0) 782 41 0033  
E: info@phamanibeach.com

PROTEA HOTEL COURTYARD  
Dar es Salaam

Langi Langi Restaurant ✓ ✓

T: +255 (0) 222 130 130  
E: info@phcourtyard.com

PROTEA HOTEL MBWENI RUINS  
Zanzibar

Rain Tree Restaurant ✓ ✓ ✓

T: +255 (0) 24 223 5478/79  
E: info@phmbweniruins.com

PROTEA HOTEL OYSTERBAY  
Dar es Salaam

The Club Room ✓ ✓ ✓

T: +255 (0) 22 266 6665  
E: info@phoysterbay.com

## NIGERIA

## RESTAURANT B L D

## CONTACT

PROTEA HOTEL SELECT IKEJA  
Ikeja, Lagos

✓ ✓ ✓

T: +234 1 631 0250  
E: rms@phselectikeja.com

PROTEA HOTEL SELECT EMOTAN  
Benin City, Nigeria

✓ ✓ ✓

T: +2341 813 987 7770/8  
E: reservations@phselectemotan.com

PROTEA HOTEL KURAMO WATERS  
Victoria Island, Lagos

✓ ✓ ✓

T: +2341 454 7701  
E: gm@proteakuramowaters.com.ng

## ZAMBIA

## RESTAURANT B L D

## CONTACT

PROTEA HOTEL CAIRO ROAD  
Lusaka

Mutaba Restaurant ✓ ✓

T: +260 (0) 211 238 360  
E: reservations@phcairoroad.co.zm

PROTEA HOTEL CHINGOLA  
Chingola

San Marco ✓ ✓

T: +260 (0) 212 312 810  
E: reservations@phchingola.co.zm

PROTEA HOTEL CHIPATA  
Chipata

Mulambe ✓ ✓

T: +260 (0) 216 222 905-8  
E: reservations@phchipata.co.zm

PROTEA HOTEL LIVINGSTONE  
Livingstone

Livingstone ✓ ✓

T: +260 (0) 213 324 630  
E: reservations@phlivingstone.co.zm

PROTEA HOTEL LUSAKA  
Lusaka

Lusaka ✓ ✓

T: +260 (0) 211 254 664  
E: reservations@phlusaka.co.zm

PROTEA HOTEL LUSAKA TOWER  
Lusaka

Lusaka ✓ ✓

T: +260 (0) 211 254 605  
E: reservations@proteahotels.co.zm

PROTEA HOTEL SAFARI LODGE  
Chisamba, Lusaka

✓ ✓

T: +260 (0) 211 212 843 6  
E: reservations@phsafari lodge.co.zm

## UGANDA

## RESTAURANT B L D

## CONTACT

PROTEA HOTEL ENTEBBE  
Entebbe

E: info@proteakla.co.ug

PROTEA HOTEL KAMPALA  
Kololo, Kampala

T: +256 (0) 312 550 000  
or +256 (0) 414 550 000  
E: info@proteakla.co.ug